



Call for Special Issue Papers for QMiP Bulletin:

Qualitative methods in psychotherapy and counselling psychology research

Qualitative approaches aim to understand how individuals experience and make sense of their worlds; these approaches recognise that the social world is subjective and varied and therefore, there are multiple stories of lived experience. Experiences of the therapeutic process can be complex and rich, and there are many aspects and factors responsible for therapeutic change.

Qualitative approaches favour exploration of human meaning-making, an important factor in psychotherapy and counselling psychology research. Some qualitative methods emphasise lived experience, others focus on identity construction, and yet others focus on cognitive processes and so on, illustrating the richness and value of using qualitative methods in this field.

However, there can be a disconnect between therapists and counselling psychologists, and research (e.g. Castonguay et al., 2010; Loewenthal et al., 2016; McLeod, 2019). There appears to be fear as well as a lack of opportunities, confidence and support for practitioners conducting research (McBeath et al., 2019).

Therefore, this special issue aims to help improve the relationship between practitioners and research by promoting qualitative methods in psychotherapy and counselling psychology research. We invite research articles, brief reports, methodological pieces, reflection pieces, Student Spot papers as well as relevant book and event reviews.

Manuscripts should be submitted by 31st October 2022. Authors considering submitting a paper are asked to read the journal's submission guidelines carefully, which can be found here: <https://www.bps.org.uk/publications/qualitative-methods-psychology-bulletin>. We also invite expressions of interest.

All papers will be subject to the usual peer review processes of the journal. Submissions should be sent to the Editor-in-Chief Deborah Bailey-Rodriguez at:

qmipbulletin@outlook.com

References

Castonguay, L. G., Eubanks, C. F., Goldfried, M. R., Muran, J. C., & Lutz, W. (2015). Research on psychotherapy integration: Building on the past, looking to the future. *Psychotherapy Research, 25*, 365–382.

Loewenthal, D., & Avdi, E. (2016). Is research in psychotherapy and counselling a waste of time? *European Journal of Psychotherapy & Counselling, 18*(4), 311–315.

McBeath, A. G., Bager-Charleson, S., & Abarbanel, A. (2019). Therapists and academic writing: "Once upon a time psychotherapy practitioners and researchers were the same people". *European Journal for Qualitative Research in Psychotherapy, 19*, 103– 116.

McLeod, J. (2019). RESEARCH: WHERE NOW?: In his final column, John McLeod shares his hopes for the future of research in counselling and psychotherapy. *Therapy Today, 30*(6), 42–43.